

Respecting yourself means seeing yourself as a _____ part of the world.

Circle the statements that best sound like you...

List 1:

- A. I like to be in charge. Telling others what to do is natural for me.
- B. I feel more comfortable when I am surrounded by people!
- C. I want everyone to get along.
- D. I HATE being wrong.

List 2:

- A. I expect to accomplish something in my life, something BIG.
- B. I want to make life fun and interesting!
- C. I have had the same friends forever.
- D. I want to know the who, where, why, what and how of things.

List 3:

- A. I seek the thrill of competition.
- B. I like to talk and use communication to get people to agree with me.
- C. I am a kind and compassionate person.
- D. I like details. Everything has a place and everything goes in its place.

List 4:

- A. I see the BIG picture.
- B. I tend to think that everything is going to work out for the best, even when it doesn't.
- C. I put others' needs before my own.
- D. I prefer to work alone. It's easier, because I know it will be done correctly.

List 5:

- A. I can make decisions quickly, and it is often the right decision.
- B. I tend to exaggerate when I tell stories. It just makes things more interesting!
- C. I sometimes hide my feelings for the sake of keeping the peace.
- D. Once I start something I finish it. No matter how long it takes.

A

B

C

D
